

# Regularization of the Inverse Laplace Transform with Applications in Nuclear Magnetic Resonance Relaxometry

## Candidacy Exam

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Computation

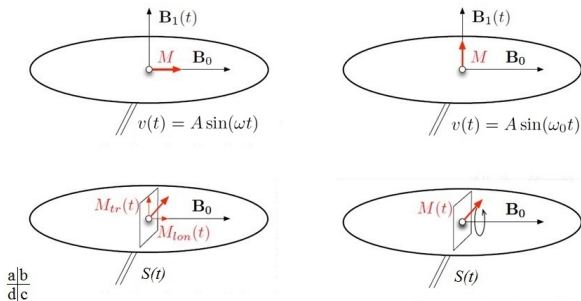
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# Nuclear Magnetic Resonance (NMR) Relaxometry



**Figure:** Clockwise from top left: a. Local magnetization  $M$  emerges from alignment with magnetic field  $B_0$ . b. With an RF pulse,  $M$  aligns with the magnetic field  $B_1$  in the transversal plane. c. After the pulse,  $M$  begins to realign with  $B_0$ . d. Components  $M_{lon}(t)$  and  $M_{tr}(t)$ , characterized by decay rates  $T_1$  and  $T_2$ , respectively, describe  $M(t)$  at time  $t$ . Images courtesy of Alfredo Nava-Tudela.

A 1-dimensional continuous NMR relaxometry signal takes the form

$$y(t) = \int_0^{\infty} f(T_2) e^{-t/T_2} dT_2 + n(t) \quad (1)$$

where  $T_2$  is the transversal decay rate,  $f(T_2)$  corresponds to the amplitude of the associated component, and  $n(t)$  is additive noise.

## **Objective:**

Recover the distribution of amplitudes  $f(T_2)$  present in the signal via an inverse Laplace transform (ILT).

# Toy Example

Consider a signal

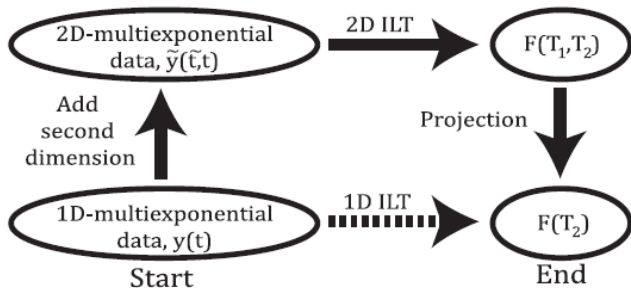
$$y(t) = 0.6e^{-t/T_{2,1}} + 0.4e^{-t/T_{2,2}} + n(t) \quad (2)$$

where the exact distribution  $f(T_2)$  is

$$f(T_2) = 0.6 \delta_{T_{2,1}}(T_2) + 0.4 \delta_{T_{2,2}}(T_2) \quad (3)$$

The recovery of  $f(T_2)$  is unstable due to the sensitivity of the inversion to noise.

Celik et al [1] demonstrated stabilization of the ILT through the introduction of a second, indirect dimension.



**Figure:** The experimental process applied by Celik [1]. The 2D ILT path illustrated by the solid arrows produced better resolution of peaks in a sparse signal than the 1D ILT path (dashed arrow).

# Motivation

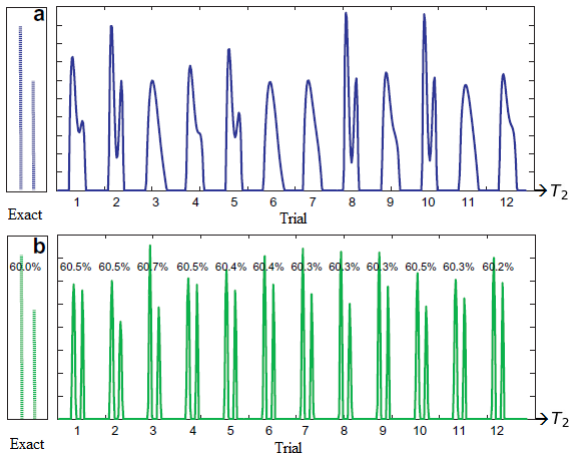


Figure: The experimental process applied by Celik [1]. Inversions from 12 different noise realizations are shown, demonstrating the stability of the 2D ILT. Top: 1D ILT. Bottom: 2D ILT projection.

A 1D NMR signal takes discrete form

$$z(t_j) = \sum_{j=1}^K F(T_{2,j}) e^{-t_j/T_{2,j}} \quad (4)$$



A 1D NMR signal takes discrete form

$$z(t_i) = \sum_{j=1}^K F(T_{2,j}) e^{-t_i/T_{2,j}} \quad (4)$$

In matrix form:

$$z = AF \quad (5)$$

where

$$[A]_{ij} = e^{-t_i/T_{2,j}} \quad (6)$$

$$z_i = z(t_i) \quad (7)$$

The 2D continuous NMR relaxometry signal takes the form

$$\tilde{z}(\tilde{t}, t) = \int_0^\infty \int_0^\infty F(T_1, T_2) e^{-\tilde{t}/T_1} e^{-t/T_2} dT_1 dT_2 \quad (8)$$

In discrete form,

$$\tilde{z}(\tilde{t}_i, t_j) = \sum_{k=1}^{K_1} \sum_{m=1}^{K_2} F(T_{1,k}, T_{2,m}) e^{-\tilde{t}_i/T_{1,k}} e^{-t_j/T_{2,m}} \quad (9)$$

Define  $A_1$ ,  $A_2$ ,  $\tilde{F}$ , and  $Z$  such that

$$\begin{aligned} [A_1]_{ik} &= e^{-\tilde{t}_i/T_{1,k}} & [\tilde{F}]_{km} &= F(T_{1,k}, T_{2,m}) \\ [A_2]_{jm} &= e^{-t_j/T_{2,m}} & [Z]_{ij} &= \tilde{z}(\tilde{t}_i, t_j) \end{aligned} \quad (10)$$

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Then

$$Z = A_1 \tilde{F} A_2^T \quad (11)$$

$$(M_1 \times M_2) = (M_1 \times K_1)(K_1 \times K_2)(K_2 \times M_2)$$

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Then

$$Z = A_1 \tilde{F} A_2^T \quad (11)$$

$$(M_1 \times M_2) = (M_1 \times K_1)(K_1 \times K_2)(K_2 \times M_2)$$

which becomes

$$\text{vec}(Z) = (A_2 \otimes A_1) \text{vec}(\tilde{F}) \quad (12)$$

# Ordinary Least Squares

With 1D ordinary least squares (OLS), we solve

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 \quad (13)$$

# Ordinary Least Squares

Define the singular value decomposition of  $A$  as

$$A = \sum_{i=1}^L \sigma_i u_i v_i^T \quad (14)$$

where  $\sigma_i$  are the singular values and  $u_i, v_i$  are the left and right singular vectors, respectively. Then the OLS solution is

$$F_{OLS} = \sum_{i=1}^N \frac{u_i^T y v_i}{\sigma_i}. \quad (15)$$

To increase stability in the inversion, we add a penalty term tuned by the parameter  $\alpha$ .

The most common form is Tikhonov regularization, aka ridge regression.

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha^2 \|F\|_2^2 \quad (16)$$



Other common penalty forms include:

- $L_p$  regularization,  $p \geq 1$

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|F\|_p \quad (16)$$

$L_1$  regularization is known as *LASSO*.  $L_p$  regularization for  $1 < p < 2$  is called *bridge regression*.

Other common penalty forms include:

- differential operator,  $L$

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|LF\|_2^2 \quad (16)$$

We will discuss Tikhonov regularization.

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha^2 \|F\|_2^2 \quad (16)$$

The regularized problem can be expressed as a normal least squares problem

$$\min_{F \in \mathbb{R}^K} \|\tilde{A}F - \tilde{y}\|_2^2 \quad (17)$$

where

$$\tilde{A} = \begin{bmatrix} A \\ \alpha I_K \end{bmatrix}$$
$$\tilde{y} = \begin{bmatrix} y \\ 0_K \end{bmatrix}$$

For an appropriate choice of  $\alpha$ ,

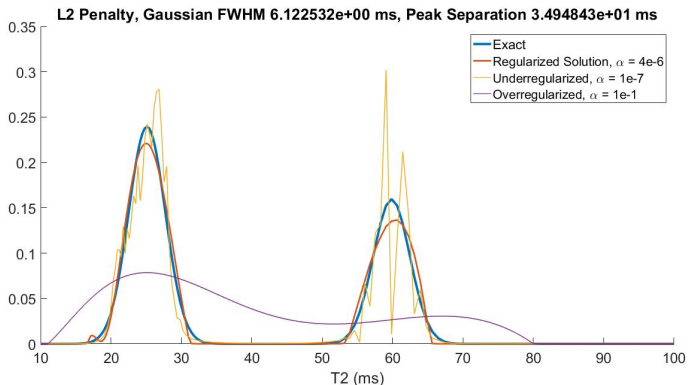
$$F_{Tikh} = \sum_{i=1}^N f_i \frac{u_i^T y v_i}{\sigma_i} \quad (18)$$

where, in the case of Tikhonov regularization, the filter factors  $f_i$  take the form

$$f_i = \frac{\sigma_i^2}{\alpha^2 + \sigma_i^2}. \quad (19)$$

# Regularization Parameter

The choice of regularization parameter  $\alpha$  strongly influences the character of the solution.



# Methods to Choose the Regularization Parameter

Numerous methods have been proposed to choose the ideal regularization parameter. We will consider the following:

- Discrepancy Principle
- Generalized Cross Validation
- L-Curve Method

# Discrepancy Principle

The discrepancy principle attempts to minimize the residual based on a prespecified error bound  $\epsilon$ , such that

$$\|AF_\alpha - y\| = \epsilon \quad (20)$$

for the optimal  $\alpha$ .

Disadvantages:

- Requires *a priori* knowledge of the error
- Often oversmooths the solution



# Generalized Cross Validation

Generalized Cross Validation (GCV) extends the idea of “leave-one-out” cross-validation, minimizing the function

$$G(\alpha) = \frac{\|AF_\alpha - y\|^2}{(\tau(\alpha))^2} \quad (21)$$

with

$$\tau(\alpha) = \text{trace}(I - A(A^T A + \alpha^2 L^T L)^{-1} A^T). \quad (22)$$

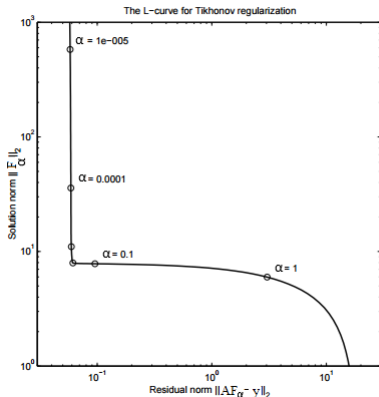
where  $L$  is a differential operator or the identity matrix (Hansen).

Disadvantages:

- $G(\alpha)$  is difficult to minimize numerically due to its flatness
- Does not perform well with correlated errors

# The L-Curve

Introduced by P.C. Hansen in 1993, the L-curve was originally used as an analytical tool.



It plots the residual  $\|AF_\alpha - y\|_2$  against the size of the solution  $\|F_\alpha\|_2$  as a function of  $\alpha$ .

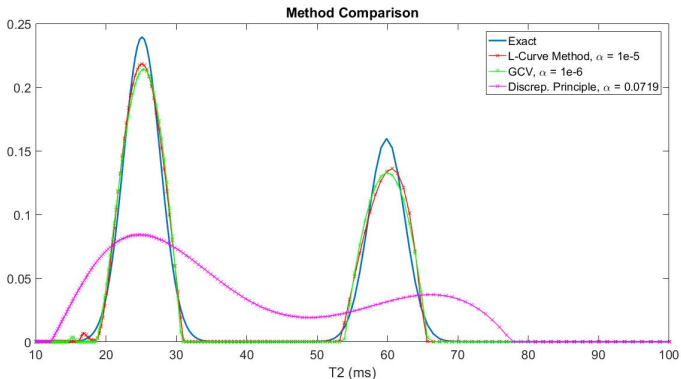
The L-curve method was proposed by Hansen and O'Leary as a means of choosing the regularization parameter  $\alpha$ . Idea: Find the “corner” of the L-curve.

Advantages over the other methods:

- Well-defined numerically
- Requires no prior knowledge of the errors
- Not heavily influenced by large correlated errors when considered on a log scale

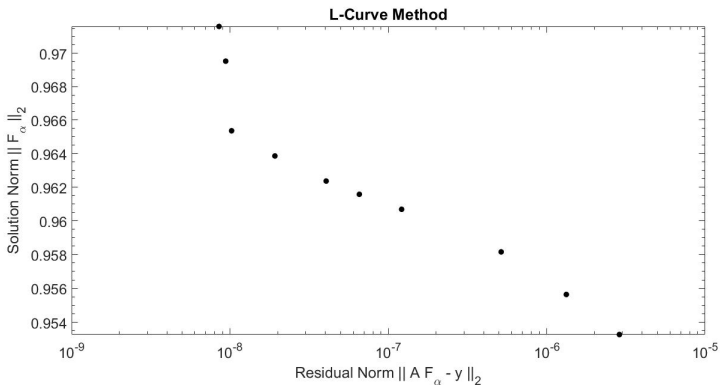
# L-Curve Method

When GCV performs well, the chosen  $\alpha$  value is close to the value chosen by the L-curve method.



# L-Curve Method (Hansen, O'Leary)

Let  $(\rho, \eta)$  define a point on the L-curve in log scale.

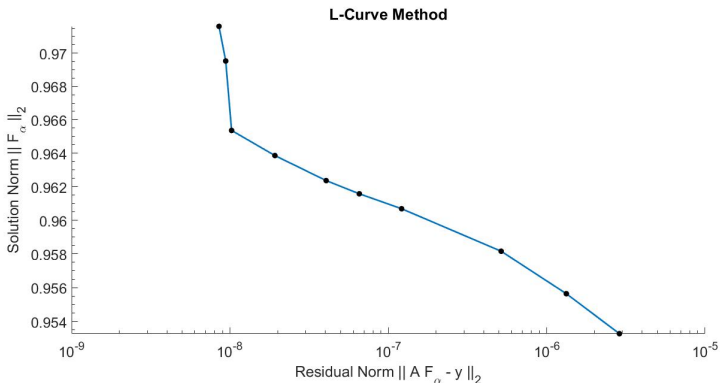


## FINDCORNER

1. Calculate several points  $(\rho_i, \eta_i)$  on each side of the corner.

# L-Curve Method (Hansen, O'Leary)

Let  $(\rho, \eta)$  define a point on the L-curve in log scale.

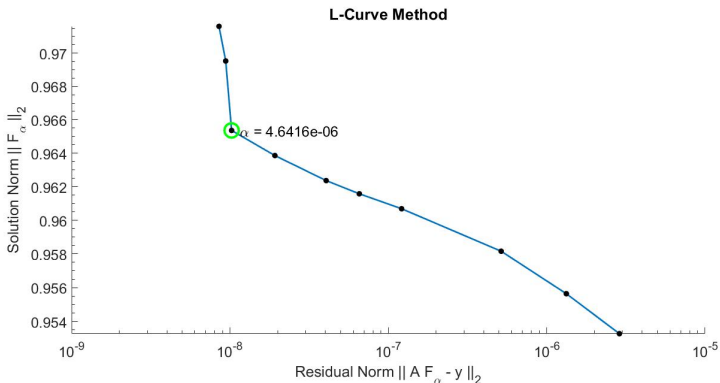


FINDCORNER

- Fit a 3-dimensional cubic spline to those points  $(\rho_i, \eta_i, \alpha_i)$  after first performing local smoothing.

# L-Curve Method (Hansen, O'Leary)

Let  $(\rho, \eta)$  define a point on the L-curve in log scale.

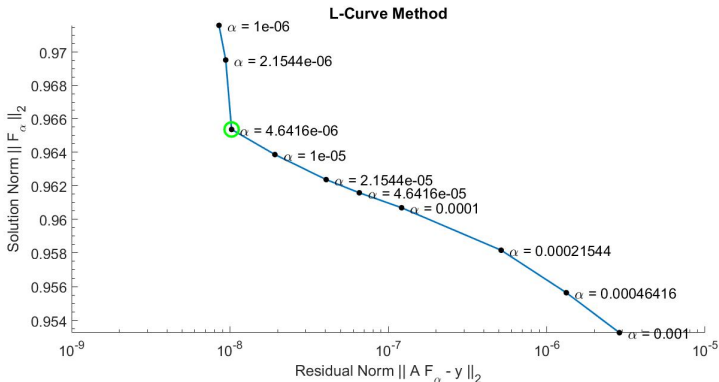


## FINDCORNER

3. Compute the point of maximum curvature and find the corresponding regularization parameter  $\alpha_0$ .

# L-Curve Method (Hansen, O'Leary)

Let  $(\rho, \eta)$  define a point on the L-curve in log scale.



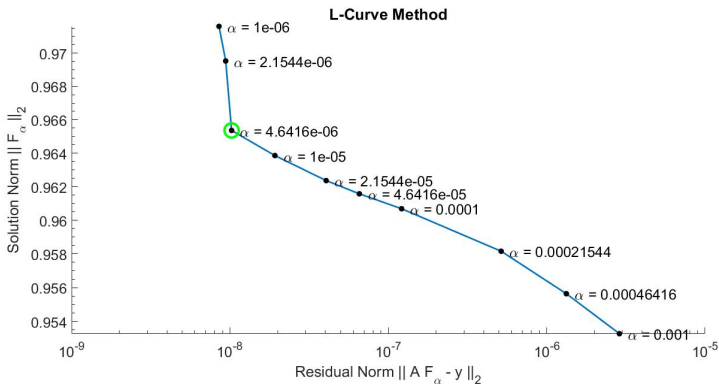
## FINDCORNER

- Solve the regularized problem and add the new point  $(\rho(\alpha_0), \eta(\alpha_0))$  to the L-curve.



# L-Curve Method (Hansen, O'Leary)

Let  $(\rho, \eta)$  define a point on the L-curve in log scale.



FINDCORNER

5. Repeat until convergence.

Characterize the “optimal” choice of *penalty term* using the L-curve method to optimize the regularization parameter.

- $L_2$  penalty:

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|F\|_2^2$$

Characterize the “optimal” choice of *penalty term* using the L-curve method to optimize the regularization parameter.

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- $L_1$  penalty:

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# Model Extensions

Characterize the “optimal” choice of *penalty term* using the L-curve method to optimize the regularization parameter.

- $L_2$  penalty:

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|F\|_2^2$$

- $L_1$  penalty:

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|F\|_1$$

- Elastic Net:

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha_1 \|F\|_1 + \alpha_2 \|F\|_2$$

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- $L_p$  penalty:

$$\min_{F \in \mathbb{R}^K} \|AF - y\|_2^2 + \alpha \|F\|_p$$



An NMR relaxometry signal can be inverted via an inverse Laplace transform. The measurement of an additional, indirect dimension provides increased stability in the inversion.

- Regularization
  - Form a least-squares problem.
  - Add a Tikhonov regularization term for stability.
- L-Curve
  - Critical to the quality of the inversion is the choice of regularization parameter  $\alpha$ .
  - Use parametric plot of  $\|AF_\alpha - y\|_2$  versus  $\|F_\alpha\|_2$  to find the optimal  $\alpha$ .


## Primary Material:

-  Celik, H., Bouhrara, M., Reiter, D. A., Fishbein, K. W., & Spencer, R. G. (2013). Stabilization of the inverse Laplace transform of multiexponential decay through introduction of a second dimension. *Journal of Magnetic Resonance*, 236, 134-139.
-  Hansen, P. C. & O'Leary, D. P. (1993). The Use of the L-Curve in the Regularization of Discrete Ill-Posed Problems. *SIAM Journal on Scientific Computing*, 14(6), 1487-1503.

## Secondary Material:

-  Fu, W. J. (1998). Penalized Regressions: The Bridge versus the Lasso. *Journal of Computational and Graphical Statistics*, 7(3), 397-416.
-  Varah, J. M. (1983). Pitfalls in the Numerical Solution of Linear Ill-Posed Problems. *SIAM Journal on Scientific and Statistical Computing*, 4(2), 164-176.

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-  Berman, P., Ofer, L., Parment, Y., Saunders, M., Wiesman, Z. (2013). Laplace Inversion of Low-Resolution NMR Relaxometry Data Using Sparse Representation Methods. *Concepts in Magnetic Resonance*, 42(3), 72-88.
-  Hansen, P. C. (1992). Analysis of Discrete Ill-Posed Problems by Means of the L-Curve. *SIAM Review*, 34(4), 561-580.
-  Tibshirani, R. (1996). Regression Shrinkage and Selection via the Lasso. *Journal of the Royal Statistical Society*, 58(1), 267-288.
-  Venkataramanan, L., Song, Y., & Hurlimann, M. D., (2002). Solving Fredholm Integrals of the First Kind with Tensor Product Structure in 2 and 2.5 Dimensions. *IEEE Transactions on Signal Processing*, 50(5), 1017-1026.